

Q & A Forum

Biblical Encouragement for Moms

September 16, 2012

Topic three: She has learned how to say “no” to her children and does not give in to whining.

What can we do to prevent some of the whining climate?

1. Pray for your children’s attitudes and obedience regularly.
2. Make sure your children get enough sleep. Being overly tired exaggerates weak areas.
3. Start the day off with a healthy breakfast -healthy cookies, fruit, “good for you” cereals & breads make a difference in behavior.
4. As a mom, speak with firm confidence, coupled with kindness.
5. Be extremely careful w/friendships! Whining can be “caught” from another child. You take a risk when using Day Cares or babysitters. Do your homework. Be alert. Unteaching is harder than teaching.