



Biblical Encouragement for Moms

“Burden Bearing”

Sometimes the Lord calls us to bear a burden that belongs to someone else. It could be a burden that is weighing heavy on one of *our children*. How can we help someone else who carries a heavy burden? Like carrying a big piece of furniture, you are a great help to someone when you are willing to hold up one end.

When a child has a health issue, or a disappointment in life, you are to be available for your children.

If you are too busy to help your child in this way, you are too busy, and need to rearrange your priorities.

This is another important reason to be reading your Bible every day. That way, you will always have “fresh manna” from heaven to give your children. Either read the Bible, or listen to the Bible on CD, or listen to sermons where the Bible is being taught. The Bible is your fuel for the day. You will never run on “empty” if you are actively reading the Bible.

Let’s stop and pray right now for your peace and guidance from God. If you are obedient to Him, the strength He gives will be enough to share with someone else. There are others who need that strength from God desperately, your husband, your children, and others.

Now, let’s take a look at **Galatians, chapter 6. We will read the first 10 verses.** It is bursting with tremendous truth! Think of each of these truths as a fragrant wildflower to carry in your basket today. God’s Word is refreshing! It will be all you need to bear burdens of your own or others.

Five important principles for Moms from Galatians, chapter six...

- * **Restoration is to be carried out gently, with meekness.**
(power under control); whether with a child or an adult.
Read Galatians 6:1



- * **Come alongside a child who is carrying a weight or has a troublesome burden. Carry the weight with them, with compassion, and you will fulfil the law of Christ! Read Galatians 6:2**



- * **Do not fool yourself, and don't be misled. You will reap what you sow with your children; so be careful what you sow in their heart garden. Sow godliness!**
Read Galatians 6:7-8



- * **Do not give up too soon. You will reap a harvest of good with your children If you *teach them patiently God's Word*. In God's timing, you will see the fruit of His power through you! Read Galatians 6:9 below:**

“And let us not be weary in well doing, for in due season we shall reap, if we faint not.” Galatians 6:9

- * **This is your opportunity to sow good into your children.... and others, for the love of Christ. Always be willing to sow seedlings of kindness *daily*,
Read Galatians 6:10 Plant lots of good seeds!**

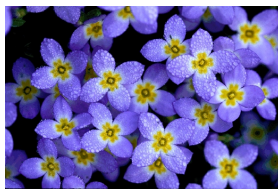
Let's read just one chapter back, in Galatians 5, verses 14-26.

When you are tempted to be self centered, remember that this lifestyle is fueled by pride. Verse 16 tells us to walk in the Spirit and we will not fulfil the lust of the flesh. The flesh and the spirit are defined in verses 19-23. Self centered Moms do not raise godly children. It takes your surrender to the Spirit of God.

Define verses 22-24. How can you know you are walking in the Spirit? What are the evidences?

**When you are walking in the Spirit, you will be full of love for others,
And your children will observe the peace and stability you have in your home.
You will reap "if ye faint not."**

Get your heart prepared to bear someone's burden.



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