

Biblical Encouragement for Moms

June 30, 2013

“Comfort Giver”

Moms are often very busy with cooking, cleaning, Bible reading, organizing, laundry, helping our children in various ways, shopping for groceries and planning each day. With all this responsibility - and more, there are times our sisters feel discouraged in some area.

When we see some sister in need, we need to ask the Lord what He would have us do. It is amazing how our energy is restored with some kind word or deed. **Watch for ways you can comfort.** Be alert and sensitive to the needs of others. In fact, do more than is needed. **Go the extra mile, as the Bible teaches.**



I remember when my daughter Stacie was about three years old, someone saw that I was carrying a burden with her being severely disabled. They wanted to be a blessing to me. A group of ladies got together and brought love gifts to Stacie and me. It was so precious! Stacie received a new dress, a new pair of shoes & socks, a pretty doll, and other gifts. I received some wicker things, a gift certificate, some decorative items and a card. I was so blessed! I felt loved. Their kindness was never forgotten. That was 1985.

Sometimes a friend needs to go out to eat with another friend or spend time together in another way, to find security in her situation. They can pray together. She can experience encouragement again. **“Bear ye one another’s burdens and so fulfil the law of Christ.” Galatians 6:2 Those little things you do really count.**

At this point I would like to emphasize that *our comfort must ultimately come from Christ.* The Lord Jesus gives us the Holy Spirit to fill our need for comfort in a myriad of ways. But truly, He uses people to meet many of our needs. Some of our needs include friendship, encouragement, and a

card now and then. Any of us can be used of God in this way. Look for someone to comfort this week. Let's share stories next week & the week following. Who did you comfort??

Keep your eyes open and your heart alert to the needs of other women.

Be God's extended hand! Plan to make a little loaf of banana bread or write a card. Put it on your schedule. That's what I do. I accomplish so much more by making a list of things to prioritize for that day. I did this even when I had toddlers around my feet. God will use your children too, as you involve them in outreach.

What are some ways *you* can be a blessing to another Mom?
Name five.

You can bring comfort in the name of Jesus this week.

Let's look at some scriptures about this topic.

Nahum 1:7

“The Lord is good, a stronghold in the day of trouble, and He knoweth them that trust in Him.”

Lamentations 3:22-24

“It is of the Lord's mercies that we are not consumed, because His compassions fail not. They are new every morning. Great is Thy faithfulness. The Lord is my portion, saith my soul; therefore will I hope in Him.”

God's compassions never fail. What an example to us! Let's be compassionate women who see the needs, and do our part, as the Lord leads us. What an incredible life can be ours.

Some important areas of comfort are specific prayer, having someone over for a meal, giving a special book ~ highlighted with your favorite parts, sharing recipes that you thoroughly enjoy, a "prayed in" money gift (not coming from your regular income), watching someone else's children to help them from time to time, food gifts, scripture gifts, hugs, and a listening ear.

Be a laborer in the area of comfort. Take it seriously.
Read Matthew 9:36-38 Be an active laborer for Christ.
Jesus was moved with compassion, are you?

One last thought. You cannot bestow comfort on other mothers when your own life is in distress, and you are torn up inside. First, you must accept God's comfort in your personal situation.

Let's read John 14:26-27.

"But the Comforter, which is the Holy Ghost, whom the Father will send in My name, He shall teach you all things, and shall bring all things to your remembrance, whatsoever I have said unto you."

"Peace I leave with you, My peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."

Your comfort is in direct proportion to your walk with God. Allow God to guide you in every area. Then, you can pass on your joy to others. Prayer is key.

Little prayer; little peace
Much prayer; much peace
No prayer: no peace

Remember that when you gave your life to Christ, you broke free from sin, and became a servant of righteousness. **See Romans 6:18.** Comfort others through His righteousness ~ all for Christ's sake.