



Biblical Encouragement for Moms

January 13, 2013

Shalom, Mother

Peace is finding rest and stability in Christ. There is no substitute for the peace of God. God's peace will be medicine to your soul, and will help you in the everyday things of life. You will be more productive, and more helpful to your family when your heart is right with God.

Two robbers of our peace are worry and fear. This has been a problem with mankind from the very beginning. Jesus spoke of peace, and referred to worry & fear several times in the Bible.

Let's read John 14:27 together:

“Peace I leave with you, My peace I give unto you. Not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”



Notice that Jesus said that His peace is different than what the world calls peace. He indicates that His peace will guard you against being troubled and afraid. Rest in Jesus, my sisters, even when you don't have the answers. Focus on pleasing Him and He will give you courage to lay your worries at His feet.

Worry and fear get right down to the root problem of all our anxiety. Substitute all that worry for prayer. Pray about everything. Allow God's incredible peace to describe your life. **An anxious mother will likely cause anxiety in her children.**

Keep a quiet heart and trust God more this year. Let Christ be seen in your reactions and actions. How can we acquire peace? Is there a formula?

Let's look at the scripture for answers.

Robbers of peace, applied to Moms:

1. "He that is of a **proud heart** stirreth up strife..." Proverbs 28:25
2. "The way of the **slothful (lazy)** man is a hedge of thorns..."
Proverbs 15:19
3. "He that is **greedy** of gain troubleth his own house..." Proverbs 15:27
4. "An evil man seeketh only **rebellion**, therefore a cruel messenger shall be sent against him." Proverbs 17:11
5. "He that **covereth his sin** shall not prosper..." Proverbs 28:13
6. "A **companion of fools** shall be destroyed." Proverbs 13:20

Please Mother, be aware of these areas. Do not get so busy that you do not recognize sin, for it will eat away at your family. Your example is very important. Remember, your family is your main ministry from God. *Bring a restful peace into your home, a peaceful obedience to God.*

How to plant peace in your home, especially for Moms:



1. "**I sought the Lord**, and He heard me, and delivered me from all my fears." Psalm 34:4
2. "Blessed are they that **keep His testimonies (the words of God)**, and that seek Him with the whole heart." Psalm 119:2
3. "This is my comfort in my affliction, for **Thy word (the Bible) hath quickened me... (brought me life!)** Psalm 119:50
4. "Create in me a clean heart, and **renew a right spirit within me.**"
Psalm 51:10
5. "Whoso **offereth praise**, glorifieth Me, and to him that **ordereth his conversation (lifestyle) aright** will I show the salvation of the Lord." Psalm 50:23

“Shalom, Mothers” is my wish for you this year. Stay calm, and work through your issues God’s way, even if it is difficult.

Read Philippians 4:6-7

*“Be careful for nothing (do not be full of care and worry), but in everything by **prayer**, and supplication, with thanksgiving, let your requests be made known unto God.*

“And the peace of God which passeth all understanding, shall keep (guard) your heart and mind through Christ Jesus.”

You have a promise from God in the above scripture. Turn your fears and worries to prayer. Prayer & peace are twins! **God’s peace will guard you**. Did you see that in the verse?

You can experience God’s peace as you allow God to have first place as you raise your children.

Shalom (peace!)

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